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# Cytotoxic Effects of Different ICG Concentrations and Laser Parameters on Neuroblastoma

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Photodynamic therapy (PDT) is a minimally invasive treatment for cancer therapy. It can be administered in combination with other treatments such as chemotherapy, radiotherapy, and surgical excision. PDT involves a photosensitizing agent that is activated by exposure to a specific wavelength of light. PDT is a cold photochemical process, there is no tissue heating. In our study, we investigated whether different laser parameters with different concentrations of indocyanine green (ICG) have cytotoxic and anti-proliferative effects on neuroblastoma. Plates were divided groups as control, only ICG concentrations (25 and 50  $\mu$ g/ml), only laser treatment I (50 J/cm<sup>2</sup>), only laser treatment II (100 J/cm<sup>2</sup>), 25  $\mu$ g/ml ICG + laser treatment I and 25  $\mu$ g/ml ICG + laser treatment II, 50  $\mu$ g/ml ICG + laser treatment I and 50  $\mu$ g/ml ICG + laser treatment I. Neuroblastoma cell lines were irradiated with an in-house developed diode laser system ( $\lambda = 809$  nm, 70 mW/cm<sup>2</sup>, 50 & 100 J/cm<sup>2</sup>) in continuous wave operation mode after ICG application. Cell proliferation was measured by XTT assay after light irradiation. Cell proliferation was decreased in a dose-dependent manner in 25 and 50  $\mu$ g/ml ICG concentrations when compared with control. The applied ICG concentrations (especially 50  $\mu$ g/ml) had cytotoxic effects for neuroblastoma cell lines, SH-SY5Y. There was no difference between laser treatment groups (L 50 & 100 J/cm<sup>2</sup>). However, PDT groups (laser exposure with ICG) showed significant inhibition of cell viability (p < 0.05). Additionally, laser exposure did not increase the well temperature above the incubation parameter. In conclusion, PDT has cytotoxic effects in neuroblastoma cell lines. Appropriate ICG dose — laser parameter combinations must be determined for each cell type. Different energy densities may cause different effects of PDT on inhibition of cell viability.

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## 1. Introduction

Photodynamic therapy (PDT) is showing great promise as a minimal invasive strategy in the treatment of various cancers. PDT requires a chemical agent that is called as photosensitizer and activation of the agent by light of a specific wavelength to produce oxygendependent cytotoxic reaction [1-3]

Indocyanine green (ICG), a photosensitizer with a molecular weight of 775 Da, has been used as a diagnostic agent to determine cardiac output, hepatic function and blood flow [4, 5]. ICG has low toxicity and has been approved by Food and Drug Administration (FDA) [6].

Neuroblastoma (NB) is one of the most common malignant solid tumors arising from neural crest cells [7]. The first aim is to inhibite cell proliferation in cancer treatment [8]. For this purpose we investigated whether different laser parameters with different concentrations of indocyanine green (ICG) have cytotoxic and antiproliferative effects on neuroblastoma.

### 2. Material and methods

Neuroblastoma cell lines (SHSY-5Y) were grown in the Dulbecco modified eagle medium (DMEM), supplemented with 10% fetal bovine serum (FBS), and 1% penicillin–streptomycin. Cells were kept at 37 °C in a humidified incubator with 5%  $CO_2$ .

Plates were divided into 9 main groups as

- control,
- only 25  $\mu$ g/ml ICG concentrations,
- only 50  $\mu$ g/ml ICG concentrations,
- only laser treatment I (50  $J/cm^2$ ),
- only laser treatment II (100  $J/cm^2$ ),
- 25  $\mu$ g/ml ICG + laser treatment I,
- 25  $\mu$ g/ml ICG + laser treatment II,
- 50  $\mu$ g/ml ICG + laser treatment I,
- 50  $\mu$ g/ml ICG + laser treatment II.

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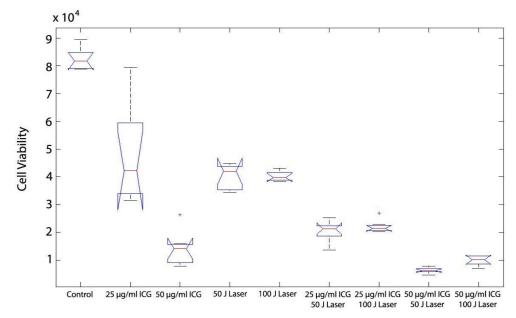


Fig. 3. PDT treatment in neuroblastoma cells.

25  $\mu$ g/ml and 50  $\mu$ g/ml ICG concentrations were applied and left for incubation for period of 24 hours. Neuroblastoma cell lines were irradiated with an in-house developed diode laser system ( $\lambda = 809$  nm, 70 mW/cm<sup>2</sup>, 50 & 100 J/cm<sup>2</sup>) in continuous wave operation mode after ICG application. Cell proliferation was measured by XTT assay after light irradiation. The optical density was measured at 450 nm with a microplate reader (Bio-Rad iMark Absorbance Reader). The results of the cell viability test were analysed using One-Way ANOVA technique and graphed as a boxplot in MATLAB. Multiple comparison technique was utilised to analyse these results revealing the groups that have a statistically significant difference.

#### 3. Results

Cell proliferation was decreased in a dose-dependent manner in 25 and 50  $\mu$ g/ml ICG concentrations when compared with control. The applied ICG concentrations (especially 50  $\mu$ g/ml) had cytotoxic effects for neuroblastoma cell lines.

There was no difference between laser treatment groups (L 50 & 100 J/cm<sup>2</sup>). However, PDT I and PDT II groups (laser exposure with ICG) showed significant inhibition of cell viability (p < 0.05) (Fig. 1).

## 4. Conclusion

Photodynamic therapy has been used with several photosensitizers in cancer diagnosis and treatment [9, 10]. Photoactivated ICG is shown to have anti-proliferative effects in colon cancer, breast cancer, pancreatic cancer [11–13]. Our results have showed that all doses of icg may be effective. When ICG is applied with laser, PDT I and PDT II cause cytotoxic effects in neuroblastoma cell lines. Appropriate ICG dose — laser parameter combinations must be determined for each cell type. Different energy densities may cause different effects of pdt on inhibition of cell viability. Results contain primary data of ICG-PDT anti-proliferative effects on neuroblastoma cell line. New treatment approaches such as ICG-PDT are needed to be studied thoroughly to find cancer treatment.

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