XXXIX "Jaszowiec" International School and Conference on the Physics of Semiconductors, Krynica-Zdrój 2010

Electron States, Phonon-Assisted Relaxation and Tunneling in Self-Assembled Quantum Dot Molecules in an Electric Field

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We present a theoretical analysis of the phonon-assisted relaxation in a system composed of two self-assembled vertically stacked quantum dots. We construct realistic model, which takes into account the geometry and strain distribution in the system. We calculate phonon-assisted relaxation rates between the two lowest states (in one-and two-electron cases). The relaxation rates and energy levels are studied as a function of external (axial) electric field and geometry of the structure (dot sizes). We show that the relaxation times can be as low as 1 ps but efficient relaxation occurs only for very finely tuned dots.

PACS: 73.21.La, 73.63.Kv, 63.20.kd

1. Introduction

Coupled quantum dots are not only interesting from the theoretical point of view but also promising for designing quantum-coherent devices, including spin-based quantum bits. However, phonon-related processes are inevitable in a crystal environment and may limit the feasibility of implementing quantum control in these systems. On the other hand, in many applications (e.g., lasers) fast relaxation between two states is desired. Therefore, it is essential to understand not only the spectral properties of various kinds of semiconductor nanostructures but also phonon-induced processes.

Carrier transfer and relaxation in self-assembled structures was observed in many experiments. In those works, optical spectroscopy methods were used in stacked quantum dot molecules (QDMs) [1–13]. Miscellaneous mechanisms could be responsible for the observed properties. The heterogeneity of considered structures and possible transfer mechanisms are reflected in a relatively wide distribution of the measured transfer rates. However, in most cases the kinetics is attributed to tunneling [1, 2, 7–9, 11, 13–15].

In recent works (Refs. [16, 17]), we studied phonon-induced relaxation in one- and two-particle systems. In Ref. [17], we investigated the dependence of the relaxation on the system geometry. In this contribution, we also take into account dependence on external (axial) electric field for one- and two-particle systems. We show that phonon-induced relaxation may be controlled either by system geometry or by external electric field.

2. Model

The system under consideration is composed of two vertically stacked QDs, formed in the Stransky– Krastanov self-assembly process. The dots are modeled as spherical domes of heights H_1 and H_2 (the index "1" refers to the lower dot) and base radii r_1 and r_2 . The domes rest on wetting layer of thickness $H_{\rm WL}$ and are separated by a distance D (base-to-base). The details of the model and the parameter values are given in Ref. [17]. We consider InAs dots in a GaAs environment. Approximately, our system has an axial symmetry, so it is treated as cylindrically symmetric. This assumption strongly simplifies our calculations. The lattice constants mismatch leads to the appearance of strain. The strain distribution is represented by displacement fields that are found by minimizing the elastic energy of the system [16].

States of an electron in the strained nanostructure in the present approach are determined by the position-dependent conduction band edge and by the effective masses, which also vary across the structure. The local band structure is obtained from the 8-band Hamiltonian with strain-induced terms (the Bir–Pikus Hamiltonian) using the Löwdin elimination [16, 17]. From this, we calculate the conduction band edge and the effective mass tensor as a function of the spatial position. The electron wave functions are calculated within a variational multi-component envelope function approximation for equation with the Hamiltonian [16]:

$$\begin{split} H &= -\frac{\partial}{\partial x} \frac{\hbar^2}{2m_{\perp}(\rho,z)} \frac{\partial}{\partial x} - \frac{\partial}{\partial y} \frac{\hbar^2}{2m_{\perp}(\rho,z)} \frac{\partial}{\partial y} \\ &- \frac{\partial}{\partial z} \frac{\hbar^2}{2m_z(\rho,z)} \frac{\partial}{\partial z} + E_{\rm c}(\rho,z) - eE_{\rm el}z \,, \end{split}$$

where $m_{\perp}(\rho, z)$, $m_z(\rho, z)$ are the components of the effective mass tensor, $E_{\rm el}$ is electrical field magnitude, $E_{\rm c}(\rho, z)$ is the conduction band edge and e is electron charge.

Next, we derive two-particle states within the standard configuration-interaction approach in a restricted basis of lowest-energy configurations (only two lowest single-electron states are included). The Hamiltonian of the interacting two-electron system has the form [17]:

$$H = \sum_{n,\sigma} \epsilon_n a_{n\sigma}^{\dagger} a_{n\sigma} + \frac{1}{2} \sum_{ijkl} \sum_{\sigma,\sigma'} v_{ijkl} a_{i\sigma}^{\dagger} a_{j\sigma'}^{\dagger} a_{k\sigma'} a_{l\sigma}, (1)$$

where

$$v_{ijkl} = \frac{e^2}{4\pi\varepsilon_0\varepsilon_r} \int d^3 \mathbf{r} \int d^3 \mathbf{r}'$$

$$\times \psi_i^*(\mathbf{r})\psi_j^*(\mathbf{r}') \frac{1}{|\mathbf{r} - \mathbf{r}'|} \psi_k(\mathbf{r}')\psi_l(\mathbf{r}). \tag{2}$$

Here $\psi_i^*(\mathbf{r})$ are single-particle eigenfunctions, ε_0 is the vacuum permittivity, and ε_r is the dielectric constant of the semiconductor. After diagonalizing the Hamiltonian, we obtain three lowest singlet states.

Finally, we derive the phonon-assisted relaxation between the single-electron states as well as between the two lowest two-electron states. The coupling between the electrons and phonons is described by the Hamiltonian

$$H_{\text{e-ph}} = \sum_{nm,\sigma} a_{n,\sigma}^{\dagger} a_{m,\sigma} \sum_{s,\mathbf{q}} F_{s,nm}(\mathbf{q}) \left(b_{s,\mathbf{q}} + b_{s,-\mathbf{q}}^{\dagger} \right),$$
(3)

where $F_{s,nn'}(\boldsymbol{q})$ are the coupling constants. We use the Fermi golden rule to calculate the relaxation rates between the lowest energy eigenstates. In the calculation of phonon-induced relaxation rates, we take into account carrier-phonon couplings via deformation potential and piezoelectric interactions.

3. Results

The single particle energy levels obtained within our approach for the fixed distance D=120 nm between the dots are shown in Fig. 1a-b. In Fig. 1a the energy is shown as a function of the external electrical field. Here, both dots have the same size. On the other hand, in Fig. 1b, we show energy dependence on the upper dot size. The size of the lower dot is kept constant, while the base radius r_2 of the upper dot and its height H_2 are varied, with H_2/r_2 constant. Electronic (tunnel) coupling between the dots leads to the appearance of an anticrossing pattern. In Fig. 1b it occurs near the point where the dots become equal. In Fig. 1a the resonance is located near the point $E_{\rm el}=0$.

The spectrum of a two-electron system is dominated by anticrossings of different occupation configurations [18, 19]. In Fig. 2 the three lowest spin-singlet eigenstates of the interacting two-electron system are shown. In a similar way as in the one-electron case, we present the dependence on the external electrical field (Fig. 2b) and on the upper dot size (Fig. 2a). The central resonance occurs when the doubly occupied configurations have similar energy. This anticrossing is very narrow (less than 0.1 meV). The other two anticrossings occur at the degeneracy point between the singly occupied configuration and configurations with two electrons in the larger

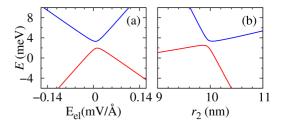


Fig. 1. (a) The single-electron energy levels with a fixed size of both of dots (base radius $r_1 = r_2 = 10$ nm) as a function of the electric field. (b) The single-electron energy levels with a fixed size of the lower dot as a function of the size (base radius r_2) of the upper one. Here $r_1 = 10$ nm, $H_1 = 3.7$ nm, $H_2/r_2 = 0.37$. The energy reference level is 0.8 eV above the conduction band edge of unstrained bulk InAs. In both cases, the dot separation is D = 12 nm.

dot. These two splittings are wider than those appearing between the single-electron states, shown in Fig. 1 (2 meV vs. 1.5 meV). It is because the anticrossing of two-electron configurations is enhanced by the Coulomb terms [20].

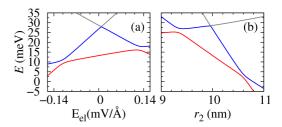


Fig. 2. The two-electron energy levels as a function of the electrical field (a) and of the upper dot size (b). The system parameters used in the calculations are identical as in the one-electron case. The energy reference level is 1.6 eV above the conduction band edge of unstrained bulk InAs.

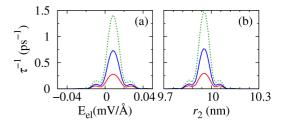


Fig. 3. The thermalization rate as a function of the electrical field (a) and of the upper dot size (b). Results for a one-electron system in a structure with $r_1=10$ nm, $H_1=3.7$ nm and $H_2/r_2=0.37$ at T=0 K (red solid line), 20 K (blue dashed line), and 40 K (green dotted line).

The single particle relaxation rates are shown in Fig. 3 as functions of the upper dot size (Fig. 3b) and the electrical field (Fig. 3a). These results are calculated for

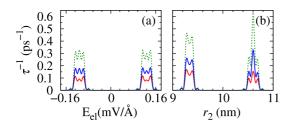


Fig. 4. The thermalization rate between the two lowest two-electron states at $T=0~\rm K$ (red solid line), 20 K (blue dashed line), and 40 K (green dotted line). Plots show the thermalization as a function of the electrical field (a) and of the upper dot size (b).

the same sample geometries as in Fig. 1 at three different temperatures. The overall magnitude of the relaxation rates depends on the spatial overlap between the wave functions corresponding to the states involved in the transition. This is why the rates are large at the resonance and become smaller when the system is shifted from the resonance point. Fig. 4a,b show the relaxation rates for a two-electron system. We use the same sample geometries as in the one-electron case and investigate the dependence on electrical field and upper dot size. In general, the relaxation rates are similar to those found in the single electron case. This is due to the fact that both these processes are physically very similar. The only difference is that in the single electron case it tunnels towards an empty QD, whereas in the two-electron case, there is already another electron. It leads to shifts (due to the Coulomb interaction) to the parameter regimes where energies compensate for the Coulomb repulsion.

4. Conclusion

We have studied the phonon-assisted relaxation (thermalization) for single-electron and two-electron configurations in self-assembled quantum dots. Our model has taken into account the geometry and strain distribution in a QDM. The results show that the phonon relaxation is very efficient in a very narrow range of parameters near the anticrossings of energy levels. We conclude that relaxation times on the order of at least hundreds of picoseconds should be typical. The results for an electric field and various upper dot sizes are quantitatively consistent. Therefore, it is possible to control phonon-induced relaxation by system geometry as well as by an external electric field.

Acknowledgments

This work was supported by the TEAM programme of the Foundation for Polish Science co-financed from the European Regional Development Fund.

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